

REFLEX SYMPATHETIC DYSTROPHY

NUTRI-SPEC considerations for a patient diagnosed with RSD (Reflex Sympathetic Dystrophy):

Reflex Sympathetic Dystrophy is, as the name indicates, characterized by excess sympathetic activity. Current research shows that RSD symptoms are not entirely mediated via sympathetic nerves, but that sympathetic over-reactivity is an essential part of the clinical picture.

Recommendations:

- Complex S: 2 after breakfast and 3 after the evening meal
- Taurine: 2, 2 times, after meals
- Diphasic AM: 1-3 after breakfast
- Diphasic PM: 1-3 after the evening meal
- Immuno-Synbiotic Immune X-Flam: 2, twice daily, before meals

The Prostaglandin Diet is critical.

You may achieve more dramatic results by doing the Tissue Acid/Alkaline Balancing Procedure.