

# NUTRI-SPEC



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## THE NUTRI-SPEC LETTER

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From:  
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### **“It’s just not a problem anymore.”**

Dear Doctor,

Note that my patient quoted above did not say, “It’s improving.”

She did not merely state, “I’m feeling a little better.”

She did not offer a tentative, “I think my painful attacks are less frequent.”

She did not report, “I’m able to live with the pain, but the diarrhea is still making a mess of my life.”

No, my patient proclaimed unhesitatingly and triumphantly that ...

### **HER CROHN’S DISEASE IS GONE --- GONE WITHOUT EVEN A TRACE ...**

of the unrelenting misery she suffered for years.

This sweet young lady in her thirties has an absolutely wretched family history. Her mother and both her older brothers have had major sections of their gut cut out because of the massive inflammatory damage done by Crohn’s disease. But of course these surgeries did not intrude on the fundamental pathology in the least --- so all three are sentenced to a lifetime of steroids and other anti-inflammatory drugs. My patient’s sister, also with Crohn’s, has not succumbed to the surgery, takes the drugs only sporadically, but suffers repeated attacks of pain and unrelenting diarrhea.

My patient was following the same path as her sister --- until ...

### **SHE WAS RESCUED BY NUTRI-SPEC.**

NUTRI-SPEC testing revealed the expected Dysaerobic Imbalance ( --- Crohn's is usually Dysaerobic, and Ulcerative Colitis is always Dysaerobic), plus a bit of a tendency to Electrolyte Insufficiency and Parasympathetic Imbalances. After the initial testing and the essential first follow-up within a week, we settled into a regimen that included Oxy D+, Electro Tonic, Phos Drops, Formula EI, Glutamine, and of course, Immuno-Synbiotic (the old original formulation). The patient responded beautifully --- with attacks being less frequent, and when they did occur, less painful. And, the incidence of diarrhea was reduced to only occasional. Within a couple months, the patient's imbalances were entirely under control, and we began to withdraw supplements. The patient cruised along quite satisfactorily until ...

### **THE NEW IMMUNO-SYMBIOTIC IMMUNE X-FLAM BECAME AVAILABLE.**

Total triumph! --- While NUTRI-SPEC Metabolic Balancing had reduced her symptoms to less than 20% of what they had been, within a couple weeks of starting IS Immune X-Flam, her symptoms were entirely gone --- entirely gone, with not even the slightest reoccurrence of pain or diarrhea.

What does this case show you? It shows quite clearly that with NUTRI-SPEC you can be extraordinary --- and with NUTRI-SPEC ...

### **PLUS SPECIFIC IMMUNO-SYMBIOTIC SUPPLEMENTATION ...**

your potential for "extraordinariness" is almost beyond comprehension. ----- How many doctors, whether conventional physicians or alternative practitioners, would have given this woman one chance in a zillion of overcoming her Crohn's symptoms? So think of it this way --- with NUTRI-SPEC you can be one in a million, and with NUTRI-SPEC plus Immuno-Synbiotics you can be one in a zillion.

Another take away from this case --- ask yourself what is it about IS Immune X-Flam that carried this patient from 80% improvement to 100% recovery? Initially, she was supplemented with the original Immuno-Synbiotic, so what additional benefits were provided by your new IS Immune X-Flam? In a label-to-label comparison, we see that the old IS and X-Flam both contain the same two prebiotics (Glucomannan and Inulin), although X-Flam has a little more of the Glucomannan. Comparing the probiotics --- the old formulation had only 2 --- including L. reuteri. X-Flam has much more L. reuteri, plus a team of other probiotics with similar immune-modulating effects.

**THE KEY IS L. REUTERI,  
THE KING OF PROBIOTICS.**

L. reuteri is one of only about a half dozen species that is consistently found as a major constituent of the microbiota of healthy humans throughout the world --- and is consistently lacking in people who are suffering disease associated with ImmunoNeuroEndocrine stress. So, if you stick your nose in someone's colon, you better find L. reuteri, or that person has problems.

But for your purposes, the most important thing to understand is that of all probiotic species, L. reuteri has the most potent effect at ...

### **STOPPING AND EVEN REVERSING INFLAMMAGING ASSOCIATED WITH INE STRESS.**

--- And --- L. reuteri can be used in accord with your NUTRI-SPEC premise of specificity, since its actions are most particularly beneficial for inflammaging associated with excess Th1 inflammatory cytokines (such as Interferon gamma, Interleukin 1 and 2 etc.), along with some of the nastier members of the Prostaglandin family. Crohn's? Rheumatoid Arthritis? Multiple Sclerosis? Type 1 Diabetes? --- Your patients with these and all other such autoimmune diseases can only be truly helped with NUTRI-SPEC Metabolic Therapy --- and can only be maximally helped with NUTRI-SPEC that includes IS Immune X-Flam.

Something else you might note as you look back at the story of our Crohn's patient ----- the list of supplements we gave her was based on NUTRI-SPEC Metabolic Testing, but she would have been given a very similar supplement regimen regardless of which NUTRI-SPEC approach we used. Had we gone with the Diphasic Nutrition Plan for this young woman, she would have still ended up with many of the same supplements. Had we used any of the three Metabolic Support Systems --- the Sympathetic/Parasympathetic Support System, Barrier Busters Analysis, or Tissue Acid Alkaline Balancing --- we would have recommended many of the same supplements. --- AND --- we would have, in all cases, given the patient IS Immune X-Flam.

Our point is twofold. First, the way you deliver NUTRI-SPEC to your patients will vary depending on both the presentation of the patient and the nature of your practice. In other words, do not feel the least bit hesitant to go "all in" with NUTRI-SPEC just because either a patient has a list of 18 prescribed drugs, or because your style of practice does not allow for complete NUTRI-SPEC Metabolic Testing. Your "extraordinariness" will manifest just as amazingly if you rely on the Diphasic Nutrition Plan and/or any of the three Metabolic Support Systems.

Our second point is that our sweet young lady with Crohn's was not "cured" by giving her a "treatment" for Crohn's disease. She was not offered any disease-specific remedies. No, you have ...

### **NUTRI-SPEC-ificity.**

She was put on an entirely patient-specific course of Metabolic Therapy.

More on the theme of specificity ----- We just claimed that *L. reuteri* is the King of all probiotics. If that is the case, then we would have to say that *L. rhamnosus* is the Queen. Yet, while they are the royal elite of probiotics, they could not be more different (specific) in their actions.

Comparing the King and Queen perfectly illustrates your NUTRI-SPEC concept of specificity, and particularly shows how specificity applies to your three new Immuno-Synbiotic products. If you re-read the Immuno-Synbiotic brochure you are giving your patients, and review your July, August and September NUTRI-SPEC Letters, you will see a detailed explanation of this Immuno-Synbiotic specificity ...

In particular, you will reinforce that Immune X-Flam and Immune Power are specifically designed to influence different and even sometimes opposing immune system stressors and inadequacies. Immune Power (led by the Queen) is designed to shift the spectrum of immune reactivity from Th2 dominance toward a stronger Th1 response capacity. Conversely, Immune X-Flam (under command of the King) is designed to inhibit excess Th1 cytokine-mediated inflammation.

So --- King Reuteri is the major probiotic in Immune X-Flam, while Queen Rhamnosus is the key probiotic in Immune Power. *L. rhamnosus* is somewhat less beneficial for your patients with Crohn's disease, or Multiple Sclerosis, or Type 1 diabetes, and even could be a bit problematic --- particularly in those with Crohn's. But for patients with excessive Th2 reactivity and a weak Th1 response capacity --- those with elevated Prostaglandin D2, elevated histamine, elevated Immunoglobulin E, and thus a tendency toward allergies, asthma, Candida and other fungal infections, and all the fungal-provoked Eosinophilic infiltration conditions --- *L. rhamnosus* is ideal.

Among the many quite fine questions you have asked over the last few months regarding the three new Immuno-Synbiotics, one question comes from a particularly sharp NUTRI-SPEC practitioner who challenged us --- saying there is an apparent contradiction in our use of *L. rhamnosus*. He points out that in old NUTRI-SPEC Letters and in your NUTRI-SPEC website articles on Immuno-Synbiotic we blasted *L. rhamnosus* --- placing it in the same category as *L. acidophilus* as "no good" ...

But if you carefully re-read our write-ups seemingly classifying *L. rhamnosus* as "no good" you will see that our condemnation of that probiotic was merely a statement of specificity. ----- We did not say that *L. rhamnosus* is generally and entirely no good, but rather that it is less good for those with

immune-related pathologies typified by extreme Th1 inflammatory cytokine production --- conditions such as Crohn's disease. (Part of the confusion there is that we spoke somewhat negatively about the Queen in the same paragraphs in which we unconditionally condemned L. acidophilus as being potentially pathogenic in many people --- causing immune stress manifest as upper respiratory wheezing, especially in children.)

Another criticism we made in our past write-ups of L. rhamnosus was aimed at the cheap strains of L. rhamnosus you find in low quality probiotic supplements in health food stores, drug stores, Walmart, etc. Those strains of L. rhamnosus are very low in resistance to upper GI secretions. On the other hand, the L. rhamnosus you have in IS Immune Power is the one used in all the really good studies in the literature on L. rhamnosus.

Something I find curious --- among your many thoughtful questions on your three Immuno-Synbiotics, the one question I was sure we would get a thousand times and yet to my knowledge have not gotten once --- "Why is Immune Power so expensive compared to the other two Immuno-Synbiotics?" -- --- "Expensive"? --- Expensive is a relative term --- expensive compared to what? Expensive compared to the junk you get at the health food store? Higher priced, certainly, but not more expensive --- since you get exactly what you pay for.

To help you appreciate the qualitative superiority of your Queen compared to the harlots that will seduce your patients at the health food store, I can give you a quote directly from the Product Development Manager at probably the largest maker of probiotic supplements in the world. [Recall your August Letter, when I gave you the account of my quest to produce the highest quality and most specific Immuno-Synbiotics available anywhere. After spending years putting together the qualitative aspects of those products, I still had to find a manufacturer who could deliver that quality and do it at a reasonable price. The manufacturer we contracted with is in indeed the world leader in probiotic supplements.] Here is that Production Manager's comment ...

"Our company makes the biggest selling rhamnosus product in the world (the one available at Walmart and countless other retail outlets). It requires massive overage. I have reviewed all the purportedly high-quality products available, and how they contrive their labeling. I can normally tell pretty quickly how they are doing it. Most of the time it is in a blend so they don't need to worry about the stability of the rhamnosus itself. We have tried them all."

**“REQUIRES MASSIVE OVERAGE.” ---  
WHAT EXACTLY DOES THAT MEAN?**

“Overage” is the number of critters over and above the quantity claimed on the label that are put into the product initially --- knowing that much of the probiotic population is going to be lost during normal shelf life. Your three Immuno-Synbiotic products are made with considerable overage --- since we know that even though our products employ the only technology that effectively preserves shelf life we are still going to lose some. The typical product that is nothing more than critters thrown in a capsule will have its population devastated if it sits on the shelf for more than two months. So, the extremely popular probiotic sold at Walmart? --- As per this Product Development Manager, they stuff it with “MASSIVE” overage --- (and it’s still practically useless by the time the consumer swallows it).

Now that you know the games played by pill peddlers (the health food industry being probably the dirtiest industry in the world), and, since you have seen a straight forward condemnation that the leading manufacturer makes of its own probiotic products --- ask yourself ...

**“WHERE DID NUTRI-SPEC FIND A QUEEN WORTHY OF THE KING?”**

We had to go all the way to Italy to find an *L. rhamnosus* worthy of a match to our *L. reuteri*. So yes, you truly have the royal elite of probiotics in your Immune X-Flam and your Immune Power. “Expensive”? No, valuable. You and your patients get more than a dollar’s worth of value for every dollar you spend on NUTRI-SPEC Immuno-Synbiotics. No other strain of *L. rhamnosus* compares to the Queen, and no other probiotic species compare to your royal elite in their specific immunomodulatory effects.

Here are some special offers good for the entire month of October --- To celebrate the power of your King and Queen, we offer you 2 bottles **FREE** out of every dozen you order of IS Immune X-Flam, and IS Immune Power.

And also --- as a reminder of your potential “extraordinariness” with NUTRI-SPEC --- the power (that no other doctor has) to maximally help patients suffering from everything from Crohn’s disease to asthma, we offer you a special on the very combination of nutrients that rescued our young lady with Crohn’s --- 2 **FREE** out of every dozen you order of: Oxygenic D+, Electro Tonic, Phos Drops, Formula EI, and Glutamine.