

IMMUNO-SYMBIOTIC

(Information & Instructions
for NUTRI-SPEC Practitioners)

- A. All patients need to go through one bottle of IMMUNO-SYMBIOTIC to restore and maintain ideal gut mucosal structure and function, and to reduce INE stress.
1. Take on an empty stomach.
 2. Take 3, twice daily before meals, with a full glass of water.
 3. Repeat at least once every year to maintain INE balance.
 4. Patients with Crohn's disease or ulcerative colitis should not take IMMUNO-SYMBIOTIC without consulting their doctor since it can increase GI motility.
- B. Many patients need to go through more than one bottle of IMMUNO-SYMBIOTIC:
- patients with Eosinophilic Fungal Rhinosinusitis (as indicated by a non-sneezy boogey head)
 - patients who have demonstrated a dualistic INE stress response as a vacillator-oscillator via NUTRI-SPEC Metabolic Balance Testing
 - patients who show extreme INE stress in having one or more auto-immune diseases (Type I diabetes, Rheumatoid Arthritis, Lupus, Hashimoto's or Grave's Thyroiditis, alopecia, Reflex Sympathetic Dystrophy, Sjogren's, etc.)
 - patients who have immune-related neurodegenerative diseases (Parkinson's, Multiple Sclerosis, ALS)
 - patients who have chronic yeast/fungal infections (vaginal or oral Candida, athlete's foot or jock itch, ringworm, tinea versicolor, eczema/seborrheic dermatitis)
1. Take on an empty stomach, with a full glass of water.
 2. Go through one bottle of IMMUNO-SYMBIOTIC 3, twice daily for one bottle, then 2, twice daily for one bottle, then at least 1, twice daily for a stronger, longer lifetime. ---
 3. Patients with particularly nasty cases of the pathologies listed above will need more than 2 IMMUNO-SYMBIOTIC daily if they are to minimize their INE stress.
 4. (Patients with Crohn's disease or ulcerative colitis should not take IMMUNO-SYMBIOTIC without consulting their doctor.)
- C. Some patients, even those who seem reasonably healthy, cannot take the full IMMUNO-SYMBIOTIC recommendation of 3, twice daily at first. The reason is that their intestinal flora is so deranged that their GI tract becomes a battle field between the good guys and the bad guys. There can be a tremendous amount of gas pressure, bloating, sometimes diarrhea, and sometimes cramping. If the die-off of bad critters causes symptoms that are too uncomfortable, the patient should stop entirely for 1 day, then resume at 1, twice daily, and then increase to 2, twice daily, and then finally 3, twice daily as symptoms permit.
- D. Children need IMMUNO-SYMBIOTIC just as much as adults do. Except for children who are either immune deficient or suffering from autoimmune disease, 1 bottle of IMMUNO-SYMBIOTIC is generally all the typical child needs. For children age 10+, the adult dose is appropriate. For younger children, reduce the dose proportionately --- either 2, twice daily or 1, twice daily.

Just as with adults, if uncomfortable symptoms are produced, stop for a day and then come back on at a lower dose.