

Sympathetic/Parasympathetic Support System Analysis

(Pa-P1)	Resp. Rate	Arm Dermo	Leg Dermo	Eliminators	Edema	SUPPLEMENTS
-4 -	18 +	R2 → W3	0 → W4	A X Pa = 64- X Warm Hands X Small Pupil = (unless cataract)	0 → 1	Actvtr (2,2), IS XF (2,2), Comp S (-,3); Pa-P1 -6- = Comp S (2,3), K Cit (½, -); Resp Rate 20+ = Comp S (2,3), K Cit (½, -); Arm R2 = MgCl2 (1,-), Proton Plus (-,2); Edema 1+ or Leg W3+ = Oxy D (-,2), Oxy D+ (-,10), E Tonic (¼,¼), Oxy-Max (1,1); Pulse Pressure >50 = Comp S (2,3), K Cit (½,-); Pupil Large = Comp S (2,3); Diarrhea = Comp S (-,2), Glutamine (2,2); Body Temp Low = Comp S (-,2), Oxy A (2,-), E Tonic (-,½), NaGP (-,1), MgCl2 (1,-); Obesity = Comp S (-,2); Ventral Forearm Cooler than Dorsal = Comp S (2,3); Diabetes = Taurine (2,2), Adapto-Max (2,-), Oxy-Max (-,2); Sneezy/Itchy = Oxy D (-,2), Oxy D+ (-,10), Oxy-Max (1,2), MgCl2 (-,1); Mean BP >120 = K Cit (½, -); Insomnia = Oxy D (-,2), Oxy D+ (-,10), Oxy-Max (-,2), E Tonic (-,½), MgCl2 (-,1)
6 +	14 -	R4 → R1	R3 → W1	B X Pa > 77	1 +	Actvtr (2,2), IS PW (2,2), Comp P (2,2); Pa-P1 8+ = Comp P (3,2), NaGP (2,-); Resp Rate 12- = Comp P (3,2), Phenylalanine (3,-), Phos Drops (10,10); Arm R3+ = Comp P (3,2), Form EI (1,1); Leg R2+ = Comp P (3,2), Oxy A (2,-), Oxy Tonic (½,-); Edema 3+ = Comp P (3,2), Phenylalanine (3,-), Oxy D (-,2), E Tonic (-,½), Phos Drops (10,10); Edema 2+ & Leg W1+ = Oxy D+ (-,10); Diarrhea = Oxy D (-,2), E Tonic (-,½), Glutamine (2,2), IS XF (2,2); Constipation = Oxy Tonic (1,-), MgCl2 (-,1), NaGP (2,-), Ventral Forearm Warm = Comp P (3,2); Pulse Pressure <30 = Comp P (3,2), Form EI (2,2), E Tonic (½,½); Low Body Temp = E Tonic (½,½), NaGP (1,-), Phos Drops (-,10); Somnolence = Oxy A (2,-), Oxy Tonic (1,-), NaGP (1,-), Phenylalanine (3,-); Arm R1+ Persists 8+ Mins = Oxy A (2,-), Oxy Tonic (1,-), Sunlight
5 +	18 -	R4 → R1	R2 → W2	C X Pa > 77	1 +	Actvtr (2,2), IS PW (2,2), Comp P (2,2); Resp Rate 12- = Comp P (3,2), Phenylalanine (3,-), Phos Drops (10,10); Leg R2 = Oxy A (2,-), Oxy Tonic (1,-), Taurine (1,1); Asthma = Comp P (3,2), Adpato Max (3,-), Oxy-Max (-,3) Phenylalanine (3,-), MgCl2 (½,½); Pa-P1 7+ = Comp P (3,2); Arm R3+ = Comp P (3,2), Form EI (1,1); Edema 2+ = Comp P (3,2), Phenylalanine (3,-), Oxy D (-,2), E Tonic (-,½); Edema 2+ & Leg W1+ = Oxy D+ (-,10); Sneezy/Itchy = Comp P (3,2), Phenylalanine (3,-), Phos Drops (10,10); Diarrhea = Oxy D (-,2), E Tonic (-,½), Glutamine (2,2), IS XF (2,2); Constipation = Oxy Tonic (1,-), MgCl2 (-,1), NaGP (2,-); Arm R1+ Persists 8+ Mins = Oxy A (2,-), Oxy Tonic (1,-), Sunlight
-4 -	18 +	0 → W4	0 → W4	D X Asthma X Sneezy/Itchy	0 → 1	Actvtr (2,2), IS XF (2,2), Comp S (-,3), Taurine (2,2), Form ES (3,3); Pa-P1 -6- = Comp S (2,3); Resp Rate 20+ = Comp S (2,3); Mean BP >120 = K Cit (½, -); Constipation or Food Sticks in Esoph = Comp S (1,3), MgCl2 (1,-); X Caffeine
-4 -	18 +	R1 → W4	0 → W4	E X Pa = 64- X Constipation	0 → 1	Actvtr (2,2), IS XF (2,2), Comp S (-,3), Taurine (2,2), Form ES (3,3); Pa-P1 -6- = Comp S (2,3); Resp Rate 20+ = Comp S (2,3); Arm R1/0 = IS PW; SpH2 75+ = Comp S (1,3); Na Cit (1,-); “Stomach Growls” or “Hunger Pains” = Comp S (2,2), Na Cit (½, ½); Mean BP >120 = K Cit (½, -), X Na Cit
-3- → 3	16 +	R2 → W3	0 → W4	F X Low Temp X Obese	0 → 3	Actvtr (2,2), IS XF (2,2), Comp S (-,3); Pa-P1 -6- = Comp S (2,3); Resp Rate 20+ = Comp S (2,3), Na Cit (1,-); Arm R1+ = IS PW; Edema 2+ or Leg W3 = Oxy D (-,2), Oxy D+ (-,10), E Tonic (¼,¼); Pupil Large = Comp S (2,3); Insomnia = Oxy D (-,2), Oxy D+ (-,10), E Tonic (-,½), MgCl2 (-,1)
-3 → 3	16 +	R2 → W3	0 → W4	G X Diarrhea X Hypoglycem	1 → 4	Actvtr (2,2), IS XF (2,2), Comp S (-,2), Taurine (2,2), Form ES (2,2); Edema 3+ or Leg Dermo W3+ = MgCl2 (-,1), Oxy D+ (-,10), E Tonic (¼,¼); Edema 2+ & Leg W1+ = Oxy D+ (-,10); T1 Diabetes = Comp S (-,3), Oxy K (2,-); Constipation or Food Sticks in Esoph = Comp S (1,2), MgCl2 (1,-)
0 +	16 -	R4 → R2	R4 → W2	H	2 +	Actvtr (2,2), IS PW (2,2), Comp P (3,1), Phos Drops (-,10); Resp Rate 12- = Comp P (2,2), Phenylalanine (3,-), Phos Drops (10, 10); Leg R2+ = Oxy A (2,-), Oxy Tonic (1,-), Taurine (1,1); Low Body Temp = Comp P (2,2), Phenylalanine (3,-), Phos Drops (10,-), Proton Plus (-,2), E Tonic (-,½); Sneezy/Itchy = Phos Drops (10,-), Proton Plus (-,2), Phenylalanine (2,-); Ms Cramps = Phos Drops (10,-), Proton Plus (-,2), Form EI (1,1), MgCl2 (½,½) Insomnia = Proton Plus (-,2), E Tonic (-,1); Caffeine = OK; X Aspirin; Pa < 64 = Form EI (2,2), E Tonic (½,½); Arm R2+ Persists 8+ Mins = Oxy A (2,-), Oxy Tonic (1,-), Sunlight

(Pa-P1)	Resp. Rate	Arm Dermo	Leg Dermo	Eliminators	Edema	SUPPLEMENTS
0 → 4	14 → 18	R4 → R2	R4 → W2	I X Pa > 77 X Insomnia X High BP X Constipation	0 → 2	Actvtr (2,2), IS PW (2,2), Comp P (3,-), Oxy A (2,-); Leg R2+ = Oxy A (2,-), Oxy Tonic (1,-), Taurine (1,1); Pa < 64 = Form EI (2,2), E Tonic (½,½); Somnolence = Comp P (3,1), Oxy A (2,-), Oxy Tonic (1,-), Form EI (1,1), Phenylalanine (3,-); Asthma = Comp P (3,1), MgCl2 (½,½); Low Body Temp = Comp P (2,2), MgCl2 (½,½), E Tonic (¼,¼); Diarrhea = Comp P (2,2), Glutamine (2,2), E Tonic (½,½); Obese = Oxy A (2,2), Oxy Tonic (1,-), Phenylalanine (3,-); T2 Diabetes = IS RE
0 → 4	14 → 18	R1 → W2	R2 → W3	J X GI Ulcers X IBD X Low Temp X Sneezy/Itchy	2 +	Actvtr (2,2), IS RE (2,2), Comp P (2,-), Comp S (-,2), Adapto-Max (1,-), Oxy-Max (-,1), Taurine (1,1); Leg R2 = Oxy A (2,-), Oxy Tonic (1,-), Taurine (1,1); Insomnia = Oxy D (-,2), E Tonic (-,½); Fibromyalgia/"Ache all over" = Adapto-Max (3,-), Oxy-Max (-,3), Taurine (2,2); Arm R1+ Persists 8+ Mins = Oxy A (2,-), Oxy Tonic (1,-), Sunlight
0 +	X	R4 → 0	R2 → W4	K	2 +	Actvtr (2,2), IS PW (2,2), Comp P (3,-), Adapto-Max (1,-), Oxy-Max (-,1), MgCl2 (½,½); Leg W2+ & Edema = Oxy D (-,2), Oxy D+ (-,10), Proton Plus (-,2); Asthma = Comp P(3,2), Adapto-Max (3,-), Oxy-Max (-,3), Taurine (1,1), Phos Drops (10,10); Arm R1+ Persists 8+ Mins = Oxy A (2,-), Oxy Tonic (1,-), Sunlight; Pa < 64 = Form EI (2,2), E Tonic (½,½)
0 → 4	14 → 18	R4 → 0	R2 → W2	L X High BP X Sneezy/Itchy X Arrhythmia	0 → 2	Actvtr (2,2), IS RE (2,2), Comp P (2,-), Comp S (-,2), Oxy A (2,-); Edema 2 & Leg W1+ = Oxy D+ (-,10); Somnolence/Yawning = Comp P (3,-), Comp S (-,1), Phenylalanine (3,-), Oxy Tonic (1,-); Asthma/Bronchitis = Comp P(3,-), Comp S (-,1), Adapto-Max (1,-), Oxy-Max (-,1), MgCl2 (½,½); Nausea = Phos Drops (10,10), E Tonic (¼,¼); Caffeine = OK; Arm R1+ Persists 8+ Mins = Oxy A (2,-), Oxy Tonic (1,-), Sunlight, IS PW
-3 → +	18 -	R4 → 0	R4 → W2	M	2 +	Actvtr (2,2), IS PW (2,2), Comp P (3,1), Phos Drops (-,10); Resp Rate 12- = Comp P (2,2), Phenylalanine (3,-), Phos Drops (10, 10); Leg R2+ = Oxy A (2,-), Oxy Tonic (1,-), Taurine (1,1); Low Body Temp = Comp P (2,2), Phenylalanine (3,-), Phos Drops (10,-), Proton Plus (-,2), E Tonic (-,½); Sneezy/Itchy = Phos Drops (10,-), Proton Plus (-,2), Phenylalanine (2,-); Ms Cramps = Phos Drops (10,-), Proton Plus (-,2), Form EI (1,1), MgCl2 (½,½); Insomnia = Proton Plus (-,2), E Tonic (-,1); Caffeine = OK; X Aspirin ; Arm R1+ Persists 8+ Mins = Oxy A (2,-), Oxy Tonic (1,-), Sunlight
0 +	12 - 17	R1 → W4	R1 → W4	N	1 +	Actvtr (2,2), IS RE (2,2), Comp P (3,-), Adapto-Max (2,-), Oxy D (-,2), Oxy D+ (-,10), E Tonic (¼,¼); Check Thyroid; Caffeine = OK
5 +	17 -	R4 → R1	R2 → W1	O	0	Actvtr (2,2), IS PW (2,2), Comp P (2,-), Oxy A (2,-), Oxy Tonic (½,-), Phos Drop (-,10); Resp Rate 12- = Phos Drops (10,10), MgCl2 (½,½), Oxy K (-,2); Somnolence = Oxy Tonic (1,-), Phenylalanine (3,-), Constipation = Oxy Tonic (1,-), MgCl2 (-,1)
5 +	16 -	R2 → W1	W1 → W4	P	1 +	Actvtr (2,2), IS XF (2,2), Comp P (2,-), Oxy D (-,2), Oxy D+ (-,10), E Tonic (¼,¼); Resp Rate 12- = Phos Drops (10,-), Proton Plus (-,2); Diarrhea = Oxy D+ (10,20), E Tonic (½,½), Glutamine (2,2); Constipation = NaGP (1,-), MgCl2 (-,1); Fatigue = NaGP (1,-), Phenylalanine (3,-), Glutamine (-,2);
0 -	16 +	R1 → W4	0 → W4	Q	0 → 4	Actvtr (2,2), IS XF (2,2), Oxy G (2,2), NaGP (1,1), NaCit (½,½); Pulse Pressure > 50 = KCit (½,-), X NaCit; Mean BP > 120 = KCit (½,-), X NaCit, Form ES (2,2); Body Temp Low = E Tonic (½,½), X NaCit; Insomnia = Oxy D (-,2), E Tonic (½,1), Oxy D+ (-,10)
√	√	√	√		√	Actvtr (2,2), IS Per Selection Criteria, [Oxy Tonic, E Tonic, Oxy D+ per BALANCING PROCEDURE], Individualized DNP --- OR --- Age 33+ = DP AM (1,-), Taurine (1,-), DP PM (-,1), Oxy A (1,-), Oxy D (-,1); Age 53+ = DP AM (2,-), Taurine (1,1), DP PM (-,2), Comp P (1,-), Comp S (-,1)

CRUISING THROUGH YOUR SYMPATHETIC/PARASYMPATHETIC SUPPORT SYSTEM ANALYSIS

Your S/P SS is extraordinarily broad in scope. It gives you a window through which to view not only your patients' acute phase ImmunoNeuroEndocrine responses via the Autonomic Nervous System, but offers as well a solid look at where each patient stands with regard to Electrolyte Imbalance, Anaerobic/Dysaerobic Imbalance, Glucogenic/Ketogenic Imbalance, Acid/Alkaline Imbalance, and Prostaglandin-Nitric Oxide Imbalance.

Here are your instructions for moving smoothly from your Dual Purpose Test Results Form into the S/PSS Analysis Table:

1. You will cruise through the Analysis Table considering each potential Imbalance Pattern A through Q in turn --- stopping only when you find a perfect match.
2. Have your brain grab ahold of the first 4 tests (Pa – P1, Respiratory Rate, Arm Dermo, and Leg Dermo) and carry them to the Analysis Table. So, your brain will latch onto 4 numbers such as these --- **5, 16, R2, W1**.
3. Moving from A – Q, scan your Analysis Table for a perfect match.
4. When you locate a perfect match to those 4 tests, pause for a moment to consider the “Eliminators” column. These are signs or symptoms that eliminate this Pattern from further consideration. --- If there are no eliminators, then go on and check the Edema column to see if you still have a perfect match. If you do not come up with a perfect match then continue on your scan through Pattern Q.
5. When you have your perfect match, then move to the right to choose the patient's Supplements ...
 - The first thing you will see are some supplements listed in bold face. These are the foundational Supplements indicated for that patient. ----- However --- you can be far more specific in individualizing your NUTRI-SPEC regimen for each patient. Continue through the Supplement section considering each underlined item ...

- If an underlined item does not apply to that patient just skip right on to the next. When you find an underlined item that does apply to this patient, then Supplements will be listed that either add to or change the Supplements already tentatively chosen. Each time you come to an underlined item that applies to your patient, you will either add to, delete from, or modify the dosage of Supplements already chosen.

6. Write your final Supplement selections on that patient's Test Results Form, as they constitute the recommendations you make today, and that the patient will follow until some future follow-up test date.

7. Explanation of Supplement Doses:

- Each Supplement name is followed by two numbers in parentheses. The first number represents the quantity to take at breakfast, and the second number represents the quantity to take with the evening meal.

- For powdered electrolytes, the numbers in parentheses refer to scoops or fractions of a scoop.

- For Oxy D+ and Phos Drops the numbers refer to the number of drops.

- For Electro Tonic the numbers refer to teaspoons or fractions of a teaspoon.

8. Illustration: Suppose the numbers you pull off the Dual Purpose Test Results Form for Pa – P1, Respiratory Rate, Arm Dermo, and Leg Dermo are --- 6, 16, R2, W1. As you carry those 4 numbers on your quick scan of your Analysis Table you hit a perfect match on letter C. None of the Eliminators apply to this patient, so you double check the Edema, and sure enough, you have an Edema of 1, which gives you a perfect match. Tentatively, you note the primary Supplements for this patient as Activator (2,2), IS Immune Power (2,2), and Complex P (2,2).

Cruise through the rest of the Supplement selection process and you find that the Respiratory Rate of 12- does not apply, the patient does not have Asthma, the Arm is not R3+, the Leg is not R2+, Edema is not 2+, the Edema 2+ and Leg W1+ does not apply, the patient's complaints do not include being Sneezy or Itchy --- however, the patient does complain of somewhat frequent Diarrhea. So, to the tentative Supplements you will add Oxy D (-,2), Electro Tonic (-,½), Glutamine (2,2), and you

will change the Immuno-Synbiotic from Immune Power to Immune X-Flam (2,2).
Moving on, the patient does not complain of Constipation, and the Arm
Dermographics does not persist more than 8 minutes --- so you are finished. Your
patient will need Activator, IS Immune X-Flam, Complex P, Oxy D, Electro Tonic,
and Glutamine.

- YOU HAVE THOROUGHLY ADDRESSED THE NEEDS OF A PATIENT WHO HAS A
PARASYMPATHETIC-DYSAEROBIC INTERPLAY.

