

Name: _____ Age: _____ Gender: _____
 Major Complaints and Drugs: _____

A-UpH & A-SpH	DATE							
0 -5	Urine Surface Tension				2	2	2	2
1 -5	Urine Specific Gravity							
2 -5	Oxidation Index=				2	2	2	2
3 -4	SG-((ST- 64)x4)							
4 -4	Urine pH	A-UpH				2		2
5 -4	Blood							
6 -3	Protein (Albumin)							
7 -3	Bilirubin							
8 -3	Urobilinogen							
9 -2	Ketones							
10 -2	Glucose							
11 -2	Nitrite/Leukocytes							
12 -1	SpH 1A	SpH 1B	A-SpH1A	A-SpH1B			3	
13 -1	Hydration (10, 8-, 12+) =							
14 -1	(UpH+SpH 1A)-SG/5							
15 0	Cough	Dermo	Vaso	Pupil				
16 0				RR			3,5	3,5
17 0								3,5
18 +1	SBP1	Pa		SBP2				
19 +1	DBP1	Pa-P1		DBP2	4		4	4
20 +1	P1	P2	P3	P4			3	3
21 +2	BHT	RR - (BHT/5)		DBP2-P4	3,5	3,5	3,5	3,5
22 +2								
23 +2								
24 +3								
25 +3								
26 +3	SBP2 - SBP1		DBP2 - DBP1					
27 +4	(SBP2 - SBP1) + (DBP2 - DBP1)				4	4	4	4
28 +4	(SBP2 - SBP1) - (DBP2 - DBP1)							
29 +4	(Higher SBP1 or 2) + (Higher DBP1 or 2)				1	1	1	1
30 +5	(Highest P) - (P1)		(Highest P) - (P4)					
	(Highest P - P1) + (Highest P - P4)				4	4	4	4
	(Highest P - P1) - (Highest P - P4)				1	1	1	1
	(Highest P - P1) + (SBP2 - SBP1)				1	1	1	1
	(Highest P - P1) - (SBP2 - SBP1)				1	1	1	1
	Electrolyte S/I ?							
	Anaerobic/Dysaerobic ?							
	Glucogenic/Ketogenic ?							
	Symp/Parasymp ?							
	Acid/Alkaline?							
	Other? (Prostaglandin, GI, Medication, etc.) (Body Temp, Day of Cycle, etc.)							
	Supplementation:							
	Diet:							