

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Major Complaints and Drugs: \_\_\_\_\_

If on any of these drugs, Adjust:  SG = SG -6 (UpHx10) = +6 (SpHx10) = -3  If on 2 or more:  SG = SG -10 UpH = +10 SpH = -5  - Statins - Tylenol/ Acetaminphn - Advil/ Ibuprofen - Aleve/ Naproxen - Beta Blocker - Ca Channel Blocker - ACE Inhibitor - Angiotensin Blocker	<b>DATE</b>								
	Glucose (30 sec)								
	Bilirubin (30 sec)								
	Ketones (40 sec)								
	SG (45 sec)	drug Adj SG	A = SG#		A		A		A
	Blood (60 sec)								
	Protein (albumin) (60 sec)								
	Urobilinogen (60 sec)								
	Nitrite/Leukocytes (120 sec)								
	UpH x 10	drug Adj UpH	B=(UpH-50)/2		B		B		B
	SpH1 x 10	drug Adj SpH	C=(SpH-62)		C		C		C
	SpH2 x 10 (2+ min)	SpH2 - SpH1							
	HYDRATION (0, -12-, 12+) = A + B + C - 12								
	A + B - C		(drug Adj) SG - HYD	D	E	D	E	D	E
Dermo A/L	Edema	RR							
SBP1	Pa	SBP2							
DBP1	Pa-P1	DBP2	10		10		10		
P1	P2	P3							
BHT	RR - (BHT/5)	DBP2-P3	8	9	8	9	8	9	
SG	A(SG#)								
	SBP2 - SBP1	DBP2 - DBP1							
0-	+8	(SBP2 - SBP1) + (DBP2 - DBP1)	7		7		7		
1	+8	(SBP2 - SBP1) - (DBP2 - DBP1)	6		6		6		
2	+8	(Higher SBP1 or 2) + (Higher DBP1 or 2)	5		5		5		
3	+8	(Highest P) - (P1)							
4	+8	(Highest P) - (P3)							
5	+7	(Highest P - P1) + (Highest P - P3)	4		4		4		
6	+7	(Highest P - P1) - (Highest P - P3)	3		3		3		
7	+7	(Highest P - P1) + (Higher SBP - Lower)	2		2		2		
8	+5	(Highest P - P1) - (SBP2 - SBP1)	1		1		1		
9	+5								
10	+5	Electrolyte S/I ?							
11	+3	Anaerobic/Dysaerobic ?							
12	+3	Glucogenic/Ketogenic ?							
13	+1	Symp/Parasymp ?							
14	+1	Acid/Alkaline?							
15	0	Other? (Prostaglandin, GI, Medication, etc.)							
16	0	(Body Temp, Day of Cycle, etc.)							
17	-1	Supplementation:							
18	-1								
19	-3								
20	-3								
21	-5								
22	-5								
23	-5								
24	-7								
25	-7								
26	-7								
27	-7								
28	-8								
29	-8	Diet:							
30+	-8								