



Here is your test procedure, followed by a Table giving you the analysis of your findings. ( --- Record your test results on the Dual-Purpose Test Results Form --- which doubles as your Test Results Form for your Tissue Acid/Alkaline Balancing Procedure.)

- To implement the testing, have your staff say to your patient, “We’re going to spend a little extra time with you today. We’re going to do a special test procedure that will show us how we can make you stronger and feel better.” (--- And if you are a Chiropractor, add, “These extra tests work in harmony with our chiropractic analysis.”)
- With the patient sitting relaxed on the exam table, say, “Please, no talking while I test --- it throws off the results”. Count the Heart Rate for 15 seconds and multiply by 4 (= accurate to ½ cycle =  $17\frac{1}{4} \times 4 = 69$ ). That is what we call Pulse a (Pa). Record Pa.
- (For the Dermographics & Edema Testing procedure, refer to the separate instructions.) Do the Dermographics on the Arm and Leg and watch for a few moments, looking for any extreme initial Red or White response.
- Do the Edema Test on the leg, and observe for 20 seconds.
- Check the 1-minute reading on the Arm and Leg Dermographics. If the reflex is complete, record the results.
- Do the final check of the Edema Test; record your result.
- Have the patient lie supine, and immediately after the patient is settled, count the Respiratory Rate for 30 seconds (= accurate to ¼ cycle) and multiply by 2.
- Immediately after completing the Respiratory Rate (i.e., 30 seconds after going supine), count the Heart Rate for 15 seconds (= accurate to ¼ cycle) and multiply by 4. This is what we call Pulse 1 (P1). Record the Respiratory Rate and P1. Subtract (Pa - P1).
- Have the patient sit up and do your final check of the Dermographics.
- Plug the 5 Test Results (in the order a-e) into the SYMPATHETIC/PARASYMPATHETIC SUPPORT SYSTEM ANALYSIS Table.
- When these Quickie Tests are completed, your staff should say, “Our tests show there are several Metabolic Therapy nutrition supplements that will help you better handle stress and keep your body running more efficiently. One is your Activator, and the others will make your Immune System stronger, and help you resist what we call “INFLAM-AGING.”

How long do you continue the supplements indicated by this quickie test procedure? ----- Let these simple objective tests be your guide. In most patients, the (Pa-P1), Dermographics, and Edema will move toward normal as you do occasional follow-up testing. In some patients, the abnormal tests will be resistant to change, telling you that your patient needs ongoing autonomic support to ...

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