

## **6 IMPORTANT REASONS YOU WILL BE HAPPY WITH NUTRI-SPEC:**

- 1** You will be taking all the vitamins, minerals and other nutrients that will make you as healthy as you can be.
- 2** You will not be taking those nutritional supplements that will make you tired or sick.
- 3** You will not be wasting your money on nutritional supplements that are not doing you any good.
- 4** You will know just what foods contribute the most to your health, and those that are the most harmful.
- 5** You will have a doctor who can scientifically monitor your nutrition needs as they change with age or during times of stress.
- 6** You will have a doctor to whom you can bring your family or refer your friends for scientific nutrition testing.

**You want the very best nutrition.  
Now you can have it.**

**Ask about NUTRI-SPEC TESTING  
today.**

**THE  
SECRET  
NUTRI-SPEC  
OF  
METABOLIC BALANCE  
THROUGH  
SPECIFIC NUTRITION  
GOOD  
NUTRITION**

## NUTRITION SCIENCE — YOUR DOCTOR IS UP TO DATE

Imagine if there were a scientific testing system that could discover exactly which foods and nutrition supplements you need and which you should avoid; and imagine if those scientific tests could be done in just a few minutes and at very little cost. . .

**Would you be interested? Surely you would.**

Such a scientific system does exist. It is called **NUTRI-SPEC TESTING**, and your doctor conveniently provides it for you right in this office.

**NUTRI-SPEC TESTING** is quick and simple. It includes a number of chemical tests on your urine and saliva. It also includes a check of your blood pressure and many other clinical tests. The entire testing process takes only a few minutes.

The results of these tests reveal to your doctor in what ways your body chemistry tends to slip off balance. From this information your doctor can give you specific recommendations regarding diet, and prescribe for you the nutrition supplements ideally suited to your needs.

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## THE SECRET OF GOOD NUTRITION

You are well aware that superior nutrition is essential for optimal physical and mental health. Many health problems can often be largely due to poor nutrition. Obviously nutrition is too important to neglect, but do you have the knowledge to provide adequately your nutrition needs, or those of your family? What's the secret?

## YOU ARE ONE IN A MILLION

What makes nutrition complicated is **BIOLOGICAL INDIVIDUALITY**. This means simply that no two people are biologically identical; therefore, no two people need exactly the same diet and nutrition supplements to build and maintain good health. You and your neighbor likely are entirely different individuals biologically. Food that is nutritious for you may be unsuited to his individual type of body chemistry. A vitamin supplement that gives a big boost to his energy level may leave you feeling tired and weak. That is the secret of good nutrition – recognizing that you or someone in your family likely has special needs. And your doctor understands that secret.

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## BE CAREFUL

The world is full of “nutritionists” promoting this or that diet; this or that vitamin or mineral supplement. They just don't know the facts regarding biological individuality. For every person that benefits from their “miracle diet” or “super supplement” several others do not, and may even suffer illness.

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## THE SIMPLE TRUTH

Your doctor wants you to learn the simple truth: There is no one ideal diet for everyone; there is no vitamin or mineral supplement that will improve everyone's health. The question of specifically what diet and supplements are best for you can be accurately answered only in one way – with a scientific testing system.